

## UPDATE ON LOU WALTER:

**11/14/2020:** Journal Entry by Terry Walter

Lou's therapy has been put on "pause" for the time being, due to the cast on his foot. The only physical therapy he can do is what he can do in his bed and he is committed to that. He is spending time in his wheelchair, and seems to be eating well. It looks like he may be impacted by COVID-19 due to low



staffing levels. His cast is still being changed weekly, this week he's using Seahawk colors. But he enjoys getting out of the hospital for the ride to the doctors office for the cast change. Plus he gets to ride sitting in his wheelchair instead of on a gurney.

**11/7/2020:** Journal Entry by Terry Walter

From himself: No haircut for over five months! Making progress in my recovery to get stronger every day but it will be a long haul. in hospitals since June 3. Cast on foot/ changed every week.



**10/28/2020:** Journal Entry by Terry Walter

Lou standing up! Four months after the accident, he was able to stand up for three and one-half minutes! Hurray for you, Lou—keep up the hard work!

**10/24/2020:** Journal Entry by Terry Walter

Lou continues to improve! He's working hard on his rehab, learning to stand on the parallel bars and strengthening muscles in his entire body. Bandages have been removed from his finger, which didn't have to be amputated. He will have a lovely scar, which I'm sure he'll get a lot of mileage from. On his recent visit to his doctor, for the first time he was able to ride sitting up instead of on a stretcher. The highlight of this week was being able to vote!



**10/14/2020:** Journal entry by Terry Walter

From Lou: Enjoying my gift blanket from Local 77...I use it every night!

**10/11/2020:** Journal entry by Terry Walter

Lou is doing well and getting stronger. He has had numerous successes on the sliding board and has stood up twice on his leg (with a walker). That felt good, he says. He really likes the beautiful blanket Local 77 sent him (picture to follow). He is making peace with his lot in life right now (Lalena) and is enjoying the challenges. He is making great progress (small though it is). His mailing address is:

**Manor Bridge Care Center, Room #228B, 2811 NE 139th St, Vancouver, WA. 98686.**